

Cover page

2025 Edition

Thailand

FULL-BLEED DESTINATION PHOTO

ITINERARY TO GO

## Bangkok + Phuket in 10 Days

The Indian family's no-fluff guide — built from a real trip

10 days

2 cities

Family of 4

Mid budget

PER PERSON

**₹55,000–70,000**

flights excl.

TOTAL FOR 4

**₹2.2L–2.8L**

flights excl.

DAILY BUDGET

**₹5,500–7,000**

per person/day

WHAT'S INSIDE

- Hour-by-hour day plans
- Real INR cost per activity
- Indian food + veg options
- Where to stay, by budget
- Google Maps links every stop
- Traffic + transport guide
- Shopping — what to buy
- How to save ₹25,000+

Based on a real family trip · Oct 2024

Verified costs · no paid placements

**itinerarytogo**

# Trip snapshot

AT A GLANCE

## Your trip snapshot

Everything you need to know before reading further

10

DAYS TOTAL

2

CITIES

4

NIGHTS BANGKOK

4

NIGHTS PHUKET

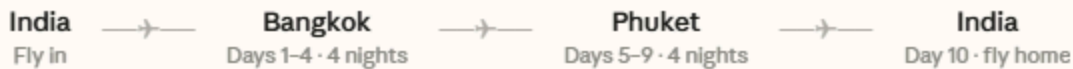
28+

PLACES COVERED

Oct-Mar

BEST SEASON

### ROUTE OVERVIEW



### BUDGET BREAKDOWN AT A GLANCE

HOTELS (8 NIGHTS)

₹32,000-50,000

for 4 people total

FOOD (ALL MEALS)

₹28,000-40,000

for 4 people total

TRANSPORT (LOCAL)

₹8,000-12,000

cabs + BTS + boat

ACTIVITIES + ENTRY

₹12,000-18,000

temples + tours + beach

### TRIP HIGHLIGHTS

Wat Pho temple

Chatuchak market

Island hopping

Phi Phi viewpoint

Asiatique night market

Kata beach sunset

Tiger Cave Temple

Not included in cost above: International flights · visa fees (฿2,000/person) · travel insurance · personal shopping budget

Where to stay

## Where to stay — by budget

Area guide + vetted hotel picks · all with INR pricing

## BANGKOK

4 nights recommended

## WHICH AREA TO STAY IN

## Sukhumvit

BTS access, walkable malls, great food street. Most convenient for first-timers.

Best for this trip

## Silom / Sathorn

Business district. Quieter nights, good transport. Slightly less central for tourist spots.

Good option

## Khao San Road

Backpacker area. Noisy at night, far from BTS. Not ideal for families or couples.

Skip for this trip

BUDGET	HOTEL	PRICE / NIGHT	WHY WE RECOMMEND IT
<b>Budget</b>	<b>[Hotel Name]</b> <a href="#">Booking.com</a> Sukhumvit Soi 11	<b>฿800–1,200</b> –₹1,900–2,800 per room/night	Clean, AC, BTS walkable, breakfast included in some rates. Watch: Check if room fits 4. Some "family rooms" are just 2 doubles pushed together.
<b>Mid</b>	<b>[Hotel Name]</b> <a href="#">Booking.com</a> Asok / Nana BTS	<b>฿1,500–2,500</b> –₹3,500–5,900 per room/night	Pool, proper breakfast buffet, good toiletries, 24hr front desk. Watch: Book with free cancellation. Bangkok hotel prices drop 15–20% if you book 3+ months out.
<b>Comfort</b>	<b>[Hotel Name]</b> <a href="#">Booking.com</a> Sukhumvit 21	<b>฿2,800–4,500</b> –₹6,600–10,600 per room/night	Rooftop pool, strong AC, concierge, luggage storage. Worth it for 4 people splitting cost. Per-person cost drops significantly when 4 share — ₹1,650–2,650 each at this tier.

**Bangkok booking tip:** Always book direct or via Booking.com — not Agoda for Bangkok. Filter for "BTS walkable" — if you're more than 15 min from a BTS station you'll spend ₹800–1,200/day extra on cabs.

## PHUKET

4 nights recommended

## WHICH BEACH AREA TO STAY IN

## Kata / Karon

Calm beach, family-friendly, less rowdy than Patong. Good food street nearby.

Best for families

## Kamala

Quieter, more upscale. Good for couples. Less to do walking distance.

Good for couples

## Patong

Noisy, nightlife-heavy. Bangla Road is chaotic. Not recommended for families or light sleepers.

Skip for families

BUDGET	HOTEL	PRICE / NIGHT	WHY WE RECOMMEND IT
<b>Budget</b>	<b>[Hotel Name]</b> <a href="#">Booking.com</a> Karon Beach	<b>฿1,000–1,600</b> –₹2,350–3,760 per room/night	Pool access, 5 min walk to beach, AC. Enough for a family that's out all day. Watch: Check if hotel has shuttle to beach — some "beachfront" claims are 10 min walk.
<b>Mid</b>	<b>[Hotel Name]</b> <a href="#">Booking.com</a> Kata Beach	<b>฿2,000–3,500</b> –₹4,700–8,200 per room/night	Infinity pool, sea-view rooms worth it here. Breakfast included. Family rooms sleep 4 properly. Book sea-view specifically — garden-view rooms at same hotel can feel disappointing in Phuket.
<b>Comfort</b>	<b>[Hotel Name]</b> <a href="#">Booking.com</a> Kamala / Kata	<b>฿4,000–7,000</b> –₹9,400–16,500 per room/night	Private pool villa or large suite. The Phuket upgrade is worth it — you spend more time at the hotel here than in Bangkok. Per person: –₹2,350–4,125 when 4 share. That's the same as a mid-range Bangkok room.

**Phuket booking tip:** Splurge slightly more here than Bangkok — you're at the hotel more (beach days, pool days). A ฿500 upgrade to sea view or pool access is ₹1,175 and completely changes the feel of the trip.

Before you land

## Before you land

BEFORE YOU GO · INDIA-SPECIFIC

# Everything to sort before you land

Visa · money · SIM · insurance · packing · apps

### VISA

Type: Visa on Arrival

Cost: ฿2,000 (~₹4,700)

Queue: VOA counter, not e-gate

Bring: Photo + hotel printout

Duration: 30 days

[Official visa info →](#)

### MONEY

Currency: Thai Baht (฿)

Rate: ~₹2.35 per ฿1

Carry: ฿5,000 from Day 1

Exchange: Superrich  
[Superrich locations →](#)

ATMs: ฿220 fee — limit trips

### SIM / CONNECTIVITY

Use: e-SIM (buy before flying)

Skip: Local SIM at airport

[Airalo — buy e-SIM →](#)

[Holafly — buy e-SIM →](#)

Cost: ~₹600-800 / 10 days

### TRAVEL INSURANCE

OPTIONAL

Why get it: Thai hospital = ฿10,000-50,000

Cover: Medical + cancellation minimum

[Bajaj Allianz — get quote →](#)

[HDFC Ergo — get quote →](#)

[Tata AIG — get quote →](#)

Cost: ~₹800-1,500 for 10 days

Buy before: Departure — not after landing

### PACKING REMINDERS

Type C adapter

[Buy on Amazon →](#)

Light layers / cardigan

[Our picks on Amazon →](#)

Flip flops for temples

Modest outfit x2 for temples

Sunscreen (SPF 50+)

[Buy on Amazon →](#)

DOWNLOAD BEFORE YOU LAND — ALL FREE

[Bolt ↗](#)

[Grab ↗](#)

[Google Maps ↗](#)

[Google Translate ↗](#)

[XE Currency ↗](#)

Indian traveller heads up: Thailand customs allows ฿20,000 cash declaration-free. Credit cards work at malls — most markets, temples, and street food are cash only.

EMERGENCY CONTACTS — SAVE THESE BEFORE YOU TRAVEL

POLICE

**191**

Tourist Police: 1155 (English)

AMBULANCE

**1669**

Medical emergency, Thailand

INDIAN EMBASSY

**+66 2 258 0300**

Bangkok · 24hr helpline

INDIAN CONSULATE

**+66 76 221 081**

Phuket · office hours only

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# Day (N) Plan

## Day (N) Plan

BANGKOK · DAY 3 OF 10

# Old Bangkok

Temples · street food · river · shopping

EST. SPEND TODAY  
**₹3,200–4,500**  
per person · Incl. meals

📍 Today's full route → [Open Day 3 map](#) · Tap each place name for pin

SLOT	TIME	PLACE	HOW TO REACH	COST	OUR RECOMMENDATION
<b>MORNING</b> ★ <b>Must do</b>	<b>8:00 am</b> Closes 5 pm ~2 hrs	<b>Wat Pho</b> <a href="#">Open in Maps</a> Reclining Buddha. Oldest temple in Bangkok.	<b>Bolt cab</b> ~20 min · ฿80–100 <b>Light at 7:30 am</b>	<b>฿200</b> ~₹470 <i>Entry ticket</i>	Arrive before 9 am — tour groups flood in after. <b>Cover knees and shoulders</b> or rent a wrap at gate (฿20).
If tired / rainy → Swap for Wat Arun instead — shorter, fewer crowds, equally stunning. 10 min Bolt from Wat Pho.					
<b>MORNING</b>	<b>10:00 am</b> ~45 min	<b>Tha Tien Market</b> <a href="#">Open in Maps</a> Street breakfast. 5 min walk.	<b>Walk</b> Exit south gate, turn left <b>Walking</b>	<b>฿80–120</b> ~₹190–280	Boat noodles at the corner stall — <b>not</b> the tourist cafes facing the river.
<b>AFTERNOON</b> ★ <b>Must do</b>	<b>12:00 pm</b> Closes 6 pm ~3 hrs	<b>Chatuchak Market</b> <a href="#">Open in Maps</a> Largest weekend market. Sat–Sun only.	<b>BTS Skytrain</b> Mo Chit stn, exit 1 · B44 <b>Busy noon–2 pm</b>	<b>Free entry</b> Budget ฿800–2,000 <i>shopping</i>	<b>Check dates</b> — Sat & Sun only. Leave by 2:30 pm before heat peaks.
If weekday / tired → Head to ICON Siam mall instead — air-conditioned, same variety of shopping, open daily. BTS to Saphan Taksin then free shuttle boat.					
<b>OPTIONAL</b>	<b>3:30 pm</b> ~90 min	<b>Terminal 21 Mall</b> <a href="#">Open in Maps</a> AC break. Best value food court.	<b>BTS to Asok</b> 2 stops from Mo Chit <b>Easy</b>	<b>฿150–250</b> ~₹350–580 <i>Lunch / snack</i>	5th floor food court — order by weight. Skip ground floor restaurants.
<b>EVENING</b> ★ <b>Must do</b>	<b>6:30 pm</b> Open till 11 pm	<b>Asiatique Riverfront</b> <a href="#">Open in Maps</a> Night market + river dinner.	<b>Free shuttle boat</b> Saphan Taksin pier · every 30 min <b>Avoid road 6–8 pm</b>	<b>Free entry</b> Dinner ₹940–1,400	Take the boat — free and skips all traffic. <b>Book Eat Sight Story</b> for river views on weekends.
If exhausted → Skip Asiatique and eat dinner at any Terminal 21 food court restaurant. Save Asiatique for another evening — it works on Day 4 too.					
<b>Insider tip:</b> Coconut ice cream at Chatuchak Section 26 before you leave — ฿40. The stall with the longest queue is the right one.					

All costs estimates · carry ฿2,000 cash min today

DAY TOTAL (PER PERSON)    CARRY CASH

**฿2,200–3,800 · ~₹5,200–9,000**    **฿2,000 min**

What to skip

## What to buy, where, and what to skip

Based on what Indian travellers actually bring home

BUY?	CATEGORY	WHERE TO GO	EST. COST	OUR TAKE
Buy	<b>Tailored suits</b> Men's suits, shirts	MBK Floor 3, Pratunam Market	฿1,500–3,500 (~₹3,500–8,200)	2–3 day turnaround. Bring a reference photo. Quality varies — inspect stitching before paying balance.
Buy	<b>Skincare + cosmetics</b> Brands cheaper than India	Boots, Watsons (all malls)	30–40% cheaper than India	Snail cream, sunscreen, sheet masks. Check expiry. Duty-free at airport is NOT cheaper here.
Buy	<b>Elephant pants + linen</b> Lightweight travel clothes	Chatuchak Section 8, Asiatique	฿100–300 (~₹235–700)	Genuinely useful for the rest of the trip. Buy on Day 2 and wear them.
Buy	<b>Kids' toys + clothes</b>	Chatuchak, MBK	฿200–800 per item	Far cheaper than India. Good quality at Chatuchak. Avoid airport toy shops — 3x markup.
Skip	<b>Electronics</b> Phones, cameras, laptops	MBK, Pantip Plaza	—	No longer cheaper than India post-GST. Warranty won't work in India. Don't bother.
Skip	<b>Cheap "silk"</b>	Street stalls everywhere	—	Almost always polyester. Real Thai silk has a specific sheen and slight irregularity. If it's ฿200, it's not silk.

**Bargaining guide:** Markets (Chatuchak, Asiatique night market) — always bargain, start at 50% of asking price. Malls and Boots — fixed price, don't try. Rule: if there's no price tag displayed, it's negotiable.



# How to save money

## How to save ₹25,000+ on this trip

Six fixes that make the biggest difference

THE FIX	YOU SAVE	HOW
<p>TRANSPORT</p> <p><b>Use Bolt in Bangkok, Grab in Phuket</b></p> <p>Not metered taxis or tuk tuks</p>	₹3,000–5,000	Bolt runs 20–30% cheaper than Grab in Bangkok. Switch to Grab only in Phuket — Bolt isn't reliable there. BTS Skytrain beats cabs on the Sukhumvit line every time.
<p>FOOD</p> <p><b>Eat one street back from tourist spots</b></p> <p>Not restaurants with English photo menus</p>	₹4,000–6,000	Same pad thai: ฿60 at a shophouse vs ฿280 facing a temple. If the menu has photos and a laminated English cover, walk one street away.
<p>CURRENCY</p> <p><b>Exchange at Superrich, not the airport</b></p> <p>Never choose INR at ATMs — always THB</p>	₹1,200–2,500	Airport rate: ~₹2.10/฿. Superrich city branches: ~₹2.35/฿. On ฿10,000 that's ₹2,500 straight back in your pocket. <a href="#">Superrich locations →</a>
<p>CONNECTIVITY</p> <p><b>Buy an e-SIM before you fly</b></p> <p>Not your Indian operator's roaming pack</p>	₹1,500–2,500	Airalo 10-day Thailand data: ~₹700. Indian operator roaming: ₹2,500+ for worse coverage. Buy and activate before boarding — set up at home, not at the airport.
<p>ACTIVITIES</p> <p><b>Book tours on Klook, not at the hotel</b></p> <p>Never book via hotel lobby or tuk tuk drivers</p>	₹1,500–3,000	Island hopping via hotel: ฿2,000+/person. Same tour on Klook or at Rawai pier directly: ฿900–1,200. Temple tours are unnecessary — self-guide using our day plan + Bolt.
<p>DAILY SPENDING</p> <p><b>7-Eleven over hotel minibar. Always.</b></p> <p>Not hotel bottled water or breakfast (unless free)</p>	₹800–1,500	Water: ฿7 at 7-Eleven vs ฿80 in the room. Breakfast: ฿60–80 street food vs ฿350 hotel buffet. There's a 7-Eleven every 200m in Bangkok — use it daily.

Apply all six and a family of 4 saves roughly:  
Transport · food · currency · tours · connectivity combined

TOTAL SAVING  
**₹25,000–45,000**  
family of 4 · 10 days


Back Cover

# Your trip is sorted. Now plan the next one.

We research every itinerary ourselves — real trips, real costs, no generic advice. New destinations drop regularly across Southeast Asia, Europe, and the Middle East.

## This is a living guide.

We update this itinerary when visa rules, prices, or transport options change. Always check you have the latest edition before you travel — current version and release date listed at [itinerarytogo.com](https://itinerarytogo.com). Current version: 2025 Edition, updated March 2025.

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## FOUND SOMETHING OUTDATED?

Prices change. Email us — we'd rather know and fix it than leave you with wrong info.

## QUESTIONS ABOUT THIS GUIDE

[itinerarytogo@gmail.com](mailto:itinerarytogo@gmail.com)

We reply within 48 hrs

## PLANNING A DIFFERENT TRIP?

Check our full collection — every guide is built the same way. Real trip, real numbers.

## Itinerary To Go

Real trips. Real costs. Built for Indian travellers.

Prices accurate as of March 2025. Always verify visa requirements before travel. Not sponsored.